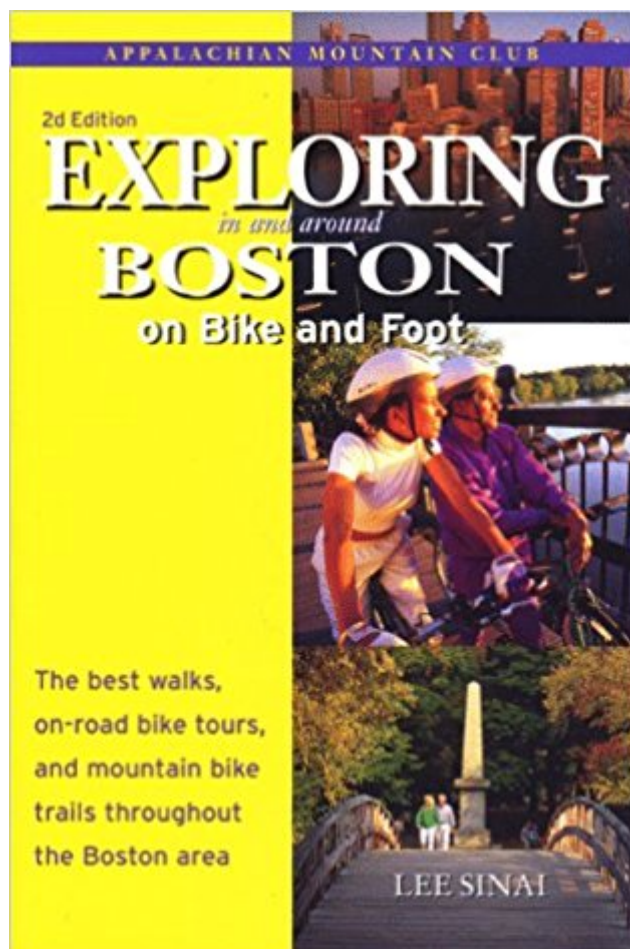


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# Exploring Boston Bike & Foot, 2nd



## Synopsis

These 40 walks, hikes, on-road bike tours, and mountain-bike trails throughout the Boston area are all accessible by public transportation.

## Book Information

Paperback: 368 pages

Publisher: Appalachian Mountain Club Books; 2nd edition (May 1, 1999)

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Shipping Weight: 1.3 pounds

Average Customer Review: 4.5 out of 5 stars 4 customer reviews

Best Sellers Rank: #2,662,175 in Books (See Top 100 in Books) #92 in [Books > Travel > United States > Massachusetts > General](#) #294 in [Books > Travel > United States > Massachusetts > Boston](#) #992 in [Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides](#)

## Customer Reviews

Newly revised, 'Exploring in and around Boston on Bike and Foot' offers scenic tours of the Boston region. The city and its suburbs are blessed with a wealth of natural places: forested parks and preserves, urban green spaces, scenic shores. Now you can discover them - as well as important historical and cultural sites - in this selective guide to 40 great walks, hikes, on-road bike tours, and mountain bike trails throughout the Boston area, all accessible by public transportation. Each chapter includes all you need for a great excursion: comprehensive descriptions of a special walk, hike, bike tour, or mountain bike trail; distance and difficulty, from easy to challenging; detailed maps of routes and nearby attractions; notes on local nature, history, culture, architecture, and more; additional on-route services: food and drink, restrooms; recreational option; directions to each tour by private and public transportation; and updated contact information. (6 X 9, 350 pages, index, appendices, illustrations, maps, black-and-white photos)

the author thought of EVERYTHING!!! except a scale of miles on the maps. Although she gives the distance of the complete walk if you wanted to shorten the walk you couldn't measure distances on the map.

Right from the get go I found this hiking and biking guide to be a miracle of organization and indispensable information. This book not only groups locations by geographical location, but also with respect to hiking, road biking and mountain biking. I found the handy reference guide towards the beginning of the book extremely useful while including not only difficulty ratings, but also mileage for each trip, something not always available in one specific location in a guide book. The maps accompanying each site are extremely easy to follow and the descriptions really do fit the terrain perfectly, whether or not you chose to take the book along on your journeys. I found the directions to each location to be extremely useful and especially appreciated the public transportation options that help those city dwellers who lack automobiles. Other handy features include locations and descriptions of local restaurants, attractions and even restrooms. This book included an very helpful mix of locations both in the greater Boston area, as well as highlighting several gems in the neighboring suburbs. I especially appreciated the handy reference map showing the location of all the spots, as well as the ever present tips to find geater enjoyment in your outdoor adventures!

Want to get outdoors and be active in the Boston area? Start by buying this book. Lee Sinai describes, in wonderful detail, many of the rides and hikes one can take within a thirty-five-mile radius of Boston. The author has organized the forty trips around geographical areas, north, south or west of Boston, so selecting one is easy. Maps of each destination are included. Each trip description includes what's important to an outdoor enthusiast.... availability of restrooms, closest access to food, degree of difficulty, directions for getting there, and a historical background of the area. Using this book, I discovered Dogtown, a mountain biking haven in Gloucester. I also experienced Cameron's, home to the best lobster roll in Massachusetts. The author led me to Great Brook Farm in Carlisle for cycling and then to Kimball's for a memorable ice cream treat. As a guidebook, I give Exploring In and Around Boston on Bike and Foot the highest rating.

Lee Sinai has taken a group of varied and unusual hikes and trails around Boston and compiled them into an informative and accessible guide. We refer to her book often when looking for interesting, new places to explore, and have found it invaluable in "rediscovering" Boston.

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